

## Ciclosporine

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| <b>General</b>   |   |
| • Class of the drug:   | Immunosuppressants  |
| • Synonym(s):  |   |
| • Common trade name(s) in Switzerland:                                     | Sandimmun <sup>®</sup> , Sandimmun Neoral <sup>®</sup> , Ciclosol <sup>®</sup>              |
| • Conversion factors:  | $\mu\text{g/l} \times 0.83 = \text{nmol/l}$<br>$\text{nmol/l} \times 1.20 = \mu\text{g/l}$  |
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| <b>Clinical pharmacology</b>   |   |
| • Indications for TDM:   | Individual dose adaptation, verification of compliance, side effects, suspicion of toxicity |
| • Protein binding:   | 41 – 58 % localized in erythrocytes; in plasma 90 % bound to proteins, mainly lipoproteins  |
| • Elimination half-life:   | 5 – 18 h  |
| • Volume of distribution:  | 3 – 5 l/kg  |
| • Metabolism:  |   |
| - Main metabolic pathways:   | CYP3A4  |
| - Active metabolite(s)?  | AM1 and AM9 have about 10 % of the activity of ciclosporine                                 |
| - Inhibitor or inducer of the cytochrome P450 system?                      | No  |
| - Other significant pharmacokinetic interactions:                          | P-glycoprotein substrate and inducer (e.g. St. John's Wort)                                 |
| • Elimination of parent drug:  | Hepatic > 94 %<br>Renal < 6 %   |
| • Typical therapeutic range:   | Dependent on combination therapy and indication   |
| • Potentially toxic concentration:   | > 500 $\mu\text{g/l}$ (C0)  |
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| <b>Pre-analytics</b>   |   |
| • Time to steady-state since beginning of treatment or change of posology: | ~ 2 days  |
| • Time for blood sampling:   | Before next dose at steady state (C0) or 2 hours after administration (C2)                  |
| • Type(s) of sample:   | Whole blood on EDTA   |
| • Stability:   | 5 days at 25°C  |

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| <b>Analytics</b>   |   |
| <ul style="list-style-type: none"> <li>• Position(s) in the analysis list/Method:</li> </ul> | 8634.01      Immunoassay<br>8634.02      HPLC-UV<br>8634.03      LC-MS  |
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| <b>Remarks</b>   | None  |
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| <b>References</b>  | <ul style="list-style-type: none"> <li>• <i>Compendium suisse des médicaments, Documed, 2005</i></li> <li>• <i>Kelly and al., Curr. Drug Metabol. 3 (2002) 275</i></li> <li>• <i>Holt et al, Therap. Drug Monit. 24 (2002) 59</i></li> <li>• <i>Macphee et al., Transplantation 74 (2002), 1486</i></li> <li>• <i>Armstrong et al., Clin. Biochem. 34 (2001) 9</i></li> <li>• <i>Marzolini et al, Clin. Pharmacol. Ther. 75 (2004), 13</i></li> </ul> |